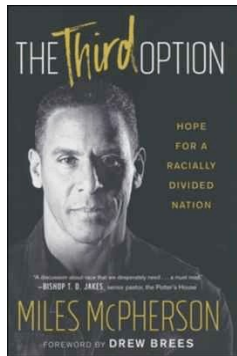




ADULT ED NEWS: All are invited to join our study sessions Sunday mornings at 11:00 a.m. The church has recommended the adult education for the remainder of 2020 and into 2021 be held virtually via “Zoom.” This might be a divine opportunity to participate as best we can in the current climate! Class will run about an hour.

All you need to participate is a computer and an e-mail address! “Zoom” is not difficult to access and there are people who can walk you through the process. We would love to fill the computer screen with pictures of those participating! So give it a try - if you want to participate - please send your e-mail address to Chris Lafferty at claff@zoominternet.net. She’ll get you on the list and you can get connected. You’ll find yourself looking forward to Sundays at 11:00 not only for the lesson discussion, but also for fellowship and connection with fellow church members.



October 25, November 1, 8, 15, 22: The Third Option, Miles McPherson, Pastor of The Rock Church, San Diego, California

It is no secret that polarization has taken root in our society and the issues of the day are often defined by two options - us vs. them, law and order vs. peaceful protest, one racial group vs. another. Miles McPherson presents a “third” option for us to consider. The following description is taken from the “Product Description” for the book as summarized by the book distributor, Christianbook. “The lure of choosing one option over another threatens God’s plan for unity among His people. Instead of going with the culture, Pastor Miles directs us to choose the Third Option: honoring the priceless value of God’s image in every person we meet ... *The Third*

Option challenges us to fully embrace God’s creativity and beauty, as expressed in the diversity of His people.” The book also outlines steps on how to do this and prayers to pray. Thought-provoking and challenging will be among the guiding words for this study!

Although it is not required for the class, it is highly suggested that participants purchase a copy of this book on their own. Sellers include Amazon, Cokesbury and Christianbook. Note that there is another book out there entitled *The Third Option* however McPherson’s goes by *Third Option*.

Class is held via Zoom at 11:00 on Sunday mornings. If you wish to join in for this discussion group but haven’t done so previously, please send your e-mail address to Chris Lafferty at claff@zoominternet.net to get on the class list.

The fellowship and discussion among class members has been extremely supportive during these times – a fringe benefit of what’s being presented! Hope you join us!

ARE YOU EXPERIENCING PANDEMIC FATIGUE?

Are you experiencing pandemic fatigue—that feeling of being mentally and emotionally exhausted by everything that’s going on right now? We’re all facing different kinds of life challenges during this time—

- Isolation and loneliness;
- Anxiety over health;
- Grief;
- Juggling work, childcare, and schooling responsibilities;
- Financial strain or job loss;
- Uncertainty about the future...



**STEPHEN
MINISTRY**

The list goes on. It’s no wonder we may be hit by pandemic fatigue—I know I have.

But you don’t have to go through it alone. If you or someone you care about is experiencing difficulties like these, our Stephen Ministers are ready to listen, care, encourage, and be there to offer support.

A Stephen Minister will meet with you privately—by phone, by video chat, or possibly in person when it’s safe to do so—to focus on you and your needs. It’s free and completely confidential, and it offers real care, comfort, and hope.

You can find out more by calling Barb Grzegorzewski at (814) 336-1447.

